

HORARIO DE ACTIVIDADES 2021/2022

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **LUNES** | **MARTES** | **MIÉRCOLES** | **JUEVES** | **VIERNES** | **SÁBADO** |
|  |  |  | 8:00-9:00 Aikido |  | 9:00-10:30 Aikido Base |
|  |  |  |  |  | SÁBADOS ALTERNOS. MÍNIMO 6 ALUMNOS. (DÍA EXTRA) |
| 17:15-18:15 Aikikids |  | 17:15-18:15 Aikikids |  |  |  |
|  | 19:00-20:00 Pilates |  | 19:00-20:00 Pilates |  |  |
| 19:30-20:30  Aikido | 20:00-21:00 Pilates | 19:30-20:30  Aikido | 20:00-21:00 Pilates | 19:00-20:30  Aikido |  |

**KAIZEN DOJO |** Rambla Castell, 31 **|** Vilanova i la Geltrú (Barcelona) **|** ✆ 602 240 169 **|** ✉ kaizendojo.info@gmail.com